



Landkreis
Regensburg

Dear New Mother,

Unfortunately you haven't been able to find a midwife for your postnatal care. The midwife coordination office of Landratsamt Regensburg has now registered you, and you will be able to have all necessary postnatal visits from a midwife.

In cooperation with self-employed midwives in and around Regensburg, we can supply a midwife for home visits on most, but not every day of the week. However, it will not always be possible for the same midwife to do all the visits, so there may be different midwives visiting you. When you leave hospital after your delivery you will receive the midwife shift plan with their contact details. There are different areas in and around Regensburg. Please only contact the midwife responsible for your specific area by **6pm at the latest on the day before your required visit**.

When you contact the midwife please inform her that you are registered with the Landratsamt Regensburg coordination office. The midwife will only be able to come to you on that one day. Further visits from the same midwife are not normally possible as they work different shifts. Please use her contact details only regarding days she is on shift.

The midwives provide their services in accordance with a contract with the health insurance companies. This requires a contract between midwife and mother, see attached. Each midwife who comes to see you will need you to sign this contract. Please read the contract in advance and keep it ready for the midwife coming for the home visit.

The midwife will leave a copy of her notes with you, so the following midwife can continue the documentation. Please keep this sheet ready for the next midwife.

If there is no midwife available for your required date and there is an emergency, please contact your gynecologist, pediatrician or emergency unit of the nearest hospital.

The coordination office is working to get more midwives in the area so in the long term every new mother will have her own midwife.

We wish you and you and your family all the best.

The midwives of the coordination office: Stefanie Malle and Astrid Giesen

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